



FITNESS CENTER
at the Buffalo Grove Park District

PING PONG/TABLE TENNIS RULES

To ensure all members can get table time, please review the following rules before you begin playing.

- Waiting players place paddles in designated area in groups of two or four.
- When a game is complete, the next two or four players waiting rotate onto the table. The winner(s) do not stay on the table.
- The next two or four players waiting move up to be next in line.
- If player(s) wish to continue playing, they go to the end of the line.
- Table use is limited to standard game scoring format, first to 11 points; winning player(s) must win by 2.
- No drilling or lessons.
- Warm-ups are limited to three (3) minutes.
- Open ping pong/table tennis time is for all skill levels.
- Have fun and enjoy the game!

