

REFORMER TRAINING

Reformer training is for the novice exerciser or the elite athlete. Improve your balance, posture and joint mobility under the guidance of our certified Pilates reformer trainers. For more information on our training programs, contact Debra Saper at 847.353.7512 or dsaper@bgparks.org.

Single Session Individual Rates: \$67 Member/\$77 Nonmember

Single Session Duet Rates: \$47 Member/\$57 Nonmember

MEMBERS

60-Minute Reformer Training

5-Pack \$63 session \$318 Save 5%	10-Pack \$60 session \$603 Save 10%	15-Pack \$57 session \$855 Save 15%	20-Pack \$54 session \$1072 Save 20%
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60-Minute Reformer Training - Duet*

5-Pack \$45 session \$224 Save 5%	10-Pack \$42 session \$423 Save 10%	15-Pack \$40 session \$600 Save 15%	20-Pack \$38 session \$752 Save 20%
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*Duet rates are per person, based on 2 people

NONMEMBERS

60-Minute Reformer Training

5-Pack \$73 session \$366 Save 5%	10-Pack \$69 session \$693 Save 10%	15-Pack \$65 session \$982 Save 15%	20-Pack \$62 session \$1232 Save 20%
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60-Minute Reformer Training - Duet*

5-Pack \$54 session \$271 Save 5%	10-Pack \$51 session \$513 Save 10%	15-Pack \$48 session \$727 Save 15%	20-Pack \$46 session \$912 Save 20%
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*Duet rates are per person, based on 2 people

Savings are calculated based on the single session rate. All training packages expire 1 year from the date of purchase.