

Pool Rules

These rules are designed to keep our facility clean, organized and safe and to ensure a great experience for our members and guests. Please abide by them to create the best atmosphere possible for everyone.

- » Showers are recommended before entering the swimming pool, sauna, therapy pool, whirlpool or steam rooms. Clean and appropriate swim apparel is required while in these areas.
- » Individuals with apparent open wounds or sores, infections, bandages of any kind, or excessive sunburn are not allowed in the lap pool, warm water therapy pool, whirlpool, co-ed sauna or steam rooms.
- » Anyone under the influence of alcohol or drugs or who exhibits erratic behavior will not be permitted in the pool area.
- » Anyone who is not toilet-trained must wear appropriate undergarments made for water use.
- » No running, diving, pushing, wrestling or horseplay is allowed.
- » No food, gum, beverages or glass bottles are permitted in the pool area.
- » Wheelchairs and baby strollers are allowed in the pool area.
- » Cameras, video equipment or recording devices are not permitted in the locker rooms or the pool area.
- » Lifeguards are provided during swim lessons to enforce safety rules for everyone's protection and to respond to emergencies. Please respect the lifeguard's directions for your safety and that of others.
- » When no lifeguard is on duty, anyone 16 years of age and older may swim at their own risk. We do not recommend that you swim alone.
- » Children age 15 and younger may not use the lap pool or therapy pool without a lifeguard present.
- » Children age 15 and younger are not allowed in the whirlpool, co-ed sauna, steam rooms, or men's and women's locker rooms.
- » Please keep our pool areas clean:
 - Return kickboards, buoys and other swim related devices to their bins when finished.
 - Discard used towels in designated towel bins.

