

Adult Sports

Co-Rec Basketball

Informal pickup games with plenty of court time are a great way to work up a sweat, and work off those office tensions. Please bring both a white and a dark shirt to each session. Register early before the program fills up. Drop-in registration will be capped at 20 players. The drop-in fee is \$6. For more information, contact Chuck Burgess at 847.850.2125 or chuck@bgparks.org.

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
21020401	Sun	Sep 11 - Nov 20	8 - 10 am	\$55/\$69

Location: Prairie School

Co-Rec Volleyball

For noncompetitive and informal games, our co-rec volleyball is a great way to enjoy this fun sport. Register early for this popular program. For more information, contact Chuck Burgess at 847.850.2125 or chuck@bgparks.org.

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
21021301	Mon	Sep 12 - Nov 21	7 - 9 pm	\$55/\$69

Location: Cooper Middle School

Karate

Release tension, develop total body fitness, and build stamina and overall productivity. In addition to self-defense skills, karate increases flexibility, cardiovascular endurance and muscle tone, while improving core strength. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4-time National Champion and President of the American Shotokan Karate Association. Frontier Park is located at 1933 N. Kennicott Drive in Arlington Heights. For more information, please contact TJ Wilkes at 847.850.2199 or twilkes@bgparks.org. **No class on October 5 and November 24.**

Age: 15 years and up

Code	Belt	Day	Date	Time	R/NR Fee
21020106	Red - Yellow	Wed	Sep 7 - Dec 21	5 - 5:55 pm	\$191/\$239
21020101	Blue - Purple	Wed	Sep 7 - Dec 21	6 - 6:55 pm	\$191/\$239
21020102	Brown Only	Wed	Sep 7 - Dec 21	7 - 8:10 pm	\$221/\$276
21020105	Black Only	Wed	Sep 7 - Dec 21	8:15 - 9:45 pm	\$240/\$300

Instructor: ISKC

Location: Emmerich Park

21020104	Green - Black	Thu	Sep 8 - Dec 22	8:40 - 9:55 pm	\$221/\$276
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Instructor: ISKC

Location: Frontier Park - A.H.



Pickleball ^S

Pickleball is a paddle sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a whiffle ball on a court, with the same dimensions as a doubles badminton court. The net is similar to a tennis court net; however, it is 2 inches lower. Equipment is provided. For more information about Pickleball and its rules, visit usapa.org. **Please note:** You may also just drop in and pay the \$5 fee. For more information, contact Chuck Burgess at 847.850.2125 or chuck@bgparks.org.

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
21020901	Wed	Oct 5 - Dec 16	6:30 - 9:30 pm	\$35/\$44
21020902	Thu	Oct 6 - Dec 17	6:30 - 9:30 pm	\$35/\$44

Location: Ivy Hall School

Fall Softball League

Games for the fall softball league are played at Mike Rylko Community Park. These fields are located on McHenry Road (Rt. 83), in between the Golf Dome and Fitness Center. Games will begin in August, with all teams playing a 10-game season, and a league tournament at the end of the season for the top 4 teams in each league. Captains can print information packets and can find additional information at teamsideline.com/bgiparks. All players must fill out an online waiver in order to play. Registration is open to all teams from June 1 through August 21. Teams can either register online, or fill out a registration form at the Alcott Center during normal business hours. For more information, please contact TJ Wilkes at 847.850.2199 or twilkes@bgparks.org.

Age: 18 years and up

Code	League	Day	Date	Time	Fee
11021001	Open	Mon	Aug 29 - Oct 3	6 pm - 11 pm	\$685
11021002	Open	Tue	Aug 30 - Oct 4	6 pm - 11 pm	\$685
11021005	Open	Thu	Sept 1 - Oct 6	6 pm - 11 pm	\$685

Location: Mike Rylko Community Park

Fall Softball Field Supervisors

The Buffalo Grove Park District is looking for field supervisors for the adult fall softball season. Field supervisors are responsible for setting up fields and overseeing the adult softball leagues. Games start in late August and run through October. High School students and adults are encouraged to apply. For more information, contact T.J. Wilkes at 847.850.2199 or twilkes@bgparks.org for more information.

^S Indicates there is a senior discount available.